

## South African Gymnastics Federation Technical Committee



### **ARTISTIC MEN**

17 June 2016

#### Circular 15-2016-MAG

To: SAGF Board & MTC Members

Men's Artistic Gymnastics Coaches – L4 > L8 All Provinces , Districts, Clubs & Members

# **MAG Gym Games – Provisional Information**

Provisional Program - WC Sports School - Cape Town

FRIDAY 07 October 2016	SATURDAY 08 October 2016
Session 1 Level 4: 9-10 & 11-12 years	Session 4 Level 5 : 13-15 & 16+ years
08h30 Grouping and General Warm Up 08h45 Apparatus Warm Up & Competition	08h30 Grouping and General Warm Up 08h45 Apparatus Warm Up & Competition
11h30 Prize Giving	11h30 Prize Giving
Session 2 <b>Level 4 : 13-15 &amp; 16+ years</b>	Session 5 Level 6 All Ages
11h45 Grouping and General Warm Up	11h45 Grouping and General Warm Up
12h00 Apparatus Warm Up & Competition 14h30 Prize Giving	12h00 Apparatus Warm Up & Competition 14h30 Prize Giving
Session 3 <b>Level 5 : 9-10 &amp; 11-12 years</b>	Session 6 Level 7 & 8 All Ages
14h45 Grouping and General Warm Up 15h00 Apparatus Warm Up & Competition 17h30 Prize Giving	14h45 Grouping and General Warm Up 15h00 Apparatus Warm Up & Competition 17h30 Prize Giving
18h30 MAG technical assembly (Venue TBA)	

MEMBERS: Chadwick, Allan

- Program manager & Administration (allan@chadwick.co.za)

Edwards, Melvin Morris, Tyrone School's & Development (head@imaginet.co.za)Athlete's Representative (tyrone1511@yahoo.com)

 $\textbf{Scholtz , Derick} \qquad - \, \mathsf{Technical} \, \, (\underline{\mathsf{derickscholtz@lantic.net}} \, )$ 

#### Entry procedure (via provinces):

Please refer to the Levels manual for qualification procedure
Please enter only via on-line entry on registration data base (gymnasts, coaches and judges)
Entry fees = R400 per gymnast, PDI = R200 - TBC
Closing date for entries & payment is Friday 16<sup>th</sup> September 2016

#### **Competition format:**

- General warm up: 15 minutes (in grouping area)

Competition: Warm up / Compete format-rotate in FIG order from starting apparatus
 Prize giving: Apparatus medals – 1<sup>st</sup>; 2<sup>nd</sup> and 3<sup>rd</sup> (no matter the number of entries)

All-Around medals – 1<sup>st</sup>; 2<sup>nd</sup> and 3<sup>rd</sup>

- must have competed 6 apparatus

#### **Spectator Entry fee: (TBC)**

- Adults – R20 - Children – R10

#### Friday 7th October MAG Technical Assembly

18:30 to 20:30 Provincial representatives may vote other interested parties may attend – separate notice , agenda and credential forms to follow – venue TBA

Regards

Allan Chadwick
On behalf of MAG PM